



Strava - Join the Vermont Adaptive Club

Step 1: Login to the Strava Website or create a free account.

Please note, if you sign up with Strava on your phone, you may have chosen to log in with your Google or Facebook account. You'll need to choose this option on the web interface as well.

Step 2: Hover over “Explore” at the top of the page. Select “Clubs” from the drop-down menu. Type “Vermont Adaptive” in the search bar. Click search. When the icon appears click on the link. You will be brought to the club landing page. Click the orange “JOIN CLUB” button.

The screenshot shows the Strava website interface. At the top, the navigation bar includes 'STRAVA', a search icon, and menu items: 'Dashboard', 'Training', 'Explore', and 'Challenges'. A red arrow points to the 'Explore' menu. Below the navigation bar, the 'Clubs' section is visible. On the right side of this section, there is a 'Start Free Trial' button, a notification bell, a profile icon, and a plus sign. A 'Create a Club' button is also present. Below the 'Clubs' header, there is a search bar with 'Vermont Adaptiv' entered and a 'Location' dropdown. Filter options include 'All', 'Cycling' (selected), 'Running', 'Triathlon', and 'Other'. A 'Club Type' dropdown is set to 'All', and there is a 'Search' button. Below the search filters, a list of clubs is shown. The first club listed is 'Vermont Adaptive Ski and Sports' with 105 members, categorized as a 'Cycling Club'. A red arrow points to this club listing.

Step 3: Get moving! Track your activities using the Strava app or manually enter activities from any activity tracker (see our “Manual Entry Guide”). Be entered to win weekly prizes!