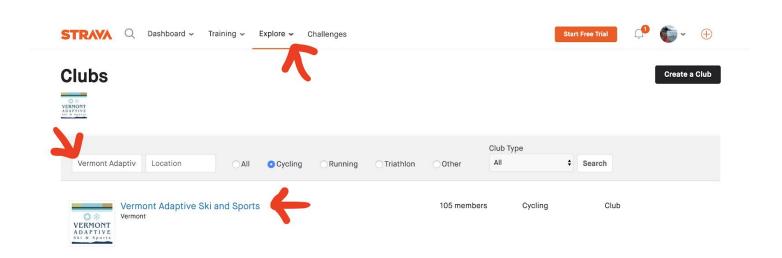


Strava - Join the Vermont Adaptive Club

Step 1: Login to the Strava Website or create a free account.

Please note, if you sign up with Strava on your phone, you may have chosen to log in with your Google or Facebook account. You'll need to choose this option on the web interface as well.

Step 2: Hover over "Explore" at the top of the page. Select "Clubs" from the drop-down menu. Type "Vermont Adaptive" in the search bar. Click search. When the icon appears click on the link. You will be brought to the club landing page. Click the orange "JOIN CLUB" button.



Step 3: Get moving! Track your activities using the Strava app or manually enter activities from any activity tracker (see our "Manual Entry Guide"). Be entered to win weekly prizes!